

## **BASEBALL CAMPS**



### Central Coast Baseball School

#### September, October and November 2023/January 2024

Want to get "warmed up" for baseball in the Spring? Want to get ahead of everybody else? Little League and Pony League are right around the corner. Get prepared for tryouts. After talking to most of the Little League managers, we have geared the instruction of this camp to prepare the players for tryouts. Come join us on Saturdays at Harbor High's awesome turf baseball field! (Rain or shine). This camp is designed to instruct players of all skill levels in catching, throwing, hitting, fielding, pitching, base running and baseball appreciation. Individualized instruction will be the focus at skill stations and wiffle ball games will provide added fun. We will also be using technology to measure exit velocity for each player's swing. All campers will receive a baseball camp t-shirt! See you soon!

#### Sign up online through Santa Cruz Parks and Recreation at:

https://www.cityofsantacruz.com/government/city-departments/parks-recreation

# Sign up soon. Spaces fill up fast!!

BASEBALL CAMP #314001 Ages: 6–14 Price: \$250 (Resident) / \$318 (Non-Resident)

01	Saturdays	10:00am-1:00pm	09/9-09/23	3 days
02	Saturdays	10:00am-1:00pm	10/7-10/21	3 days
03	Saturdays	10:00am-1:00pm	11/4-11/18	3 days
04	Saturdays	10:00am-1:00pm	01/13-01/27	3 days

#### **Camp Instructors:**

Joseph Allegri: -Harbor High Varsity Baseball Coach for 16 years

-SC Parks and Rec Baseball camps for over 25 years

#### **Harbor Baseball Coaching staff:**

-Tim McNulty: Head JV coach

-Colten Young: Infield and baserunning coach -Jacob Angelo: Mental Performance coach

